



GENERAL ABSOLUTA FMM - 23,8 K

Pos	Fem.	Dor.	Nombre	Club	Categ. (Pos.)	CHARCA VERDE	MANCHEGOS	BOLA	T.Oficial	T/Km.
1		15	JOSE ANTONIO BELLIDO PUEBLA	TODOVERTICAL	VTAM (1)	0:39:10	1:18:06	02:04:33	2:20:11	05:53
2		293	ALVARO GONZALEZ DEL SALTO	AGOTEAM		0:39:13	1:18:29	02:06:52	2:21:59	05:57
3		4	ALBERTO AGÚNDEZ	TODOVERTICAL		0:39:15	1:21:21	02:12:34	2:27:42	06:12
4		312	ALVARO JIMENEZ ALVAREZ	AGOTEAM		0:39:14	1:20:26	02:13:23	2:28:11	06:13
5		80	CLEMENTE CARLOS LÓPEZ	LA PEDRIZA DEL MANZANARES		0:41:17	1:22:17	02:14:03	2:29:10	06:16
6		143	PABLO VILLALOBOS BAZAGA		VTAM (2)	0:41:17	1:23:51	02:16:10	2:30:31	06:19
7		203	JORGE ALONSO SANCHEZ	AGOTEAM		0:41:05	1:23:11	02:16:58	2:33:05	06:25
8		24	JORGE CASADO	TODOVERTICAL	PROM (1)	0:41:39	1:24:45	02:18:09	2:34:33	06:29
9		12	FERNANDO AYUGA LORENTE	AGOTEAM	VTAM (3)	0:42:20	1:27:33	02:21:31	2:36:05	06:33
10		16	ELISEO BODELÓN CAMPILLO	LA PEDRIZA DEL MANZANARES	VTAM (4)	0:42:31	1:24:49	02:19:20	2:36:12	06:33
11		112	JORGE PÉREZ ARROYO	TODOVERTICAL		0:42:42	1:27:06	02:22:06	2:37:26	06:36
12		132	OSCAR SANCHEZ MARTIN	TODOVERTICAL		0:42:54	1:23:58	02:20:53	2:38:07	06:38

13	73	JAVIER HERNANDO DE LEMA	TODOVERTICAL		0:43:05	1:28:23	02:23:41	2:39:42	06:42
14	64	RONY GOMEZ PAYO	CDE DENDRO C.T.	VTAM (5)	0:43:11	1:27:29	02:24:04	2:40:44	06:45
15	49	PABLO GALLO BORDONS	TODOVERTICAL		0:43:19	1:27:15	02:25:23	2:40:49	06:45
16	10	SERGIO ARRANZ RUIZ	CDE PERLAS TRIATLÓN		0:43:27	1:28:19	02:25:23	2:41:23	06:46
17	111	JAVIER MANUEL PEÑA GÓMEZ	ALAMEDA TRAIL TEAM	VTAM (6)	0:42:22	1:27:04	02:25:42	2:42:18	06:49
19	138	ALBERTO SOLIS RUIZ	MONTARACES TRAIL	VTAM (7)	0:44:00	1:30:38	02:30:22	2:47:05	07:01
20	62	ENRIC GOMEZ MARIN	AGOTEAM	VTAM (8)	0:43:58	1:31:31	02:30:31	2:47:36	07:02
21	3	JUAN MANUEL AGEJAS		VTBM (1)	0:45:10	1:31:37	02:31:05	2:47:53	07:03
22	107	JAVIER OLIVERA GOICOLEA			0:47:29	1:32:37	02:29:18	2:49:17	07:06
23	1	139 CRISTINA TRUJILLO GONZÁLEZ	TODOVERTICAL		0:44:36	1:31:18	02:30:48	2:49:28	07:07
24	78	ASIER LEJARRETA SANTOS	TIERRA TRAGAME	VTAM (9)	0:44:03	1:31:45	02:32:12	2:49:59	07:08
25	129	JORGE SALAZAR CABALLERO	AGOTEAM		0:47:19	1:36:20	02:37:18	2:54:09	07:19
26	117	JUAN RAMIREZ VALDERRAMA	ALALPARDO RUNNING TEAM	VTBM (2)	0:45:21	1:33:53	02:37:24	2:55:19	07:21
27	7	SERGIO ÁLVAREZ MARTÍN	TODOVERTICAL		0:44:20	1:34:24	02:39:31	2:57:02	07:26
28	35	SERGIO DE TORRES MARTÍNEZ	A.D. GRUPO DE MONTAÑA PEGA	VTAM (10)	0:45:36	1:36:19	02:40:20	2:57:46	07:28
29	76	NICOLAS LAMON	LAS CABRAS AZULES	VTAM (11)	0:46:18	1:30:44	02:35:10	2:58:46	07:30
30	134	JUAN PEDRO SANGIACOMO	AGOTEAM	VTAM (12)	0:46:47	1:37:38	02:42:46	2:59:39	07:32
31	140	JUAN VALERO DE BLAS	T-TRAIL T-CENTER		0:46:52	1:42:27	02:44:26	2:59:45	07:33
32	25	JAVIER CASADO GARCÍA	AGOTEAM	VTAM (13)	0:48:00	1:39:03	02:42:50	3:00:04	07:33
33	109	RUBEN ORTEGA BERZAL	TODOVERTICAL	VTAM (14)	0:47:52	1:38:59	02:42:13	3:00:04	07:33
34	38	MIGUEL DEL VALLE PRIETO	TODOVERTICAL		0:46:51	1:37:27	02:43:14	3:01:46	07:38
35	2	82 SARA LORENZO RAMOS	AGOTEAM	VTAF (1)	0:48:52	1:39:49	02:42:50	3:02:22	07:39
36	85	VÍCTOR MANUEL MARTÍN CIRUJ	RAVE RUNNER	VTBM (2)	0:48:35	1:38:53	02:45:54	3:04:38	07:45
37	113	RAMIRO PERNIA IZQUIERDO	AGOTEAM	VTAM (15)	0:48:20	1:41:47	02:47:07	3:04:59	07:46
38	55	ROBERTO GARRIDO MARTÍNEZ			0:48:06	1:41:24	02:49:42	3:05:55	07:48
39	72	FERNANDO HERNÁNDEZ MONFO	CDE DENDRO C.T.	VTAM (16)	0:47:01	1:37:41	02:46:47	3:06:17	07:49
40	3	243 LETI BULLIDO VENTURA	AGOTEAM		0:49:18	1:40:43	02:48:04	3:06:27	07:50
41	100	EDUARDO MOTA SEISDEDOS	MT3 MADRID TRAIL		0:49:58	1:41:48	02:49:48	3:07:46	07:53
42	211	AGUSTÍN GONZÁLEZ GARCIA			0:52:51	1:40:08	02:49:42	3:07:46	07:53
43	86	HÉCTOR MARTÍN HERRERO	CDE DENDRO C.T.	VTAM (17)	0:47:08	1:38:28	02:46:15	3:08:30	07:55
44	42	CARLOS DORREGO BLANCO	PVTRAINERS	VTBM (3)	0:50:36	1:42:23	02:48:40	3:08:44	07:55
45	221	FRANCISCO MARTINEZ FERNAN	ALALPARDO RUNNING TEAM	VTBM (4)	0:48:10	1:40:32	02:50:01	3:09:52	07:58
46	4	20 NADINE CALAHORRA SÁNCHEZ	TODOVERTICAL	PROF (1)	0:53:20	1:48:06	02:54:24	3:12:50	08:06
47	105	JAIME OLIVARES PEREIRA	TIERRA TRAGAME	VTAM (18)	0:47:17	1:38:36	02:51:09	3:13:40	08:08

48	93	CARLOS MATEOS LOPEZ	TODOVERTICAL	VTBM (5)	0:50:01	1:42:25	02:51:39	3:13:47	08:08
49	5	28 LAURA COLMENERO PARRAS			0:50:42	1:41:28	02:55:33	3:15:24	08:12
50	74	RODRIGO IGLESIAS MARTIN	A.D. GRUPO DE MONTAÑA PEGA	VTAM (19)	0:49:08	1:41:52	02:54:36	3:16:49	08:16
51	41	CARLOS DIAZ SANCHEZ	A.D. SAMBURIEL	VTBM (6)	0:50:34	1:45:27	02:57:44	3:17:05	08:16
52	131	MANUEL SÁNCHEZ CÁRDENAS	A.D. GRUPO DE MONTAÑA PEGA	VTBM (7)	0:50:08	1:42:28	02:56:34	3:17:29	08:17
53	36	DANIEL DEL MORAL OLIVA	ALALPARDO RUNNING TEAN	VTBM (8)	0:51:26	1:46:44	02:58:20	3:17:55	08:18
54	6	128 PILAR SÁIZ PEÑA	TRIBU TRAIL		0:51:38	1:46:39	02:59:17	3:20:02	08:24
55	98	ÓSCAR MORENO SÁNCHEZ	CDE DENDRO C.T.	VTAM (20)	0:53:04	1:48:04	02:59:35	3:20:03	08:24
56	7	99 BEGOÑA MORRAS	LAS CABRAS AZULES		0:53:00	1:48:39	02:59:50	3:20:41	08:25
57	116	ALBERTO PRIETO BARTOLOME	TODOVERTICAL	VTBM (9)	0:50:42	1:48:42	02:59:19	3:21:29	08:27
58	67	JOSÉ MARÍA GONZÁLEZ GONZÁ		VTAM (21)	0:53:09	1:48:44	03:01:11	3:23:08	08:32
59	9	YERAY ARANDA SIMARRO	CDE DENDRO C.T.	VTAM (22)	0:49:03	1:42:24	03:01:54	3:23:12	08:32
60	8	59 SALOMÉ GIGORRO DELGADO	CLUB TRIATLÓN 28300		0:53:14	1:48:31	03:03:22	3:23:59	08:34
61	89	ALFREDO MARTÍNEZ ARIAS	CDE DENDRO C.T.	VTAM (23)	0:51:36	1:47:15	03:01:14	3:24:07	08:34
62	50	ÓSCAR GARCÍA GÓMEZ	CDE DENDRO C.T.	VTAM (24)	0:51:32	1:49:26	03:03:39	3:24:08	08:34
63	52	RUBEN GARCÍA RUEDA	TODOVERTICAL	VTAM (25)	0:54:54	1:51:36	03:05:39	3:24:32	08:35
64	70	JOSE LUIS GRANIZO GALA	TODOVERTICAL	VTBM (10)	0:53:47	1:50:54	03:03:56	3:24:50	08:36
65	137	LUIS SEVILLA PEREZ	TODOVERTICAL	VTAM (26)	0:54:11	1:51:09	03:05:27	3:26:27	08:40
66	9	66 MARÍA GONZÁLEZ GARCÍA	ALALPARDO RUNNING TEAM	VTAF (2)	0:53:18	1:51:05	03:07:50	3:28:30	08:45
67	2	DANIEL ALONSO ÁLVAREZ	RSEA PEÑALARA	VTAM (27)	0:53:03	1:48:32	03:08:14	3:30:02	08:49
68	104	MANUEL NÚÑEZ CARDOSO	RSEA PEÑALARA		0:59:33	1:56:39	03:10:59	3:31:54	08:54
69	39	ADMIN FRANCISCO DIAZ JIMENE	ASOCIACION DEPORTIVA SAN L	VTBM (11)	0:57:56	1:55:22	03:09:27	3:32:58	08:56
70	10	125 IRENE RODRÍGUEZ BLANCO	AGOTEAM	VTAF (3)	0:57:20	1:55:25	03:12:14	3:33:05	08:57
71	227	FERNANDO RUIZ DE LEMA	LAS CABRAS AZULES	VTAM (28)	0:54:09	1:53:20	03:12:30	3:35:01	09:02
72	1	PABLO JESÚS ALONSO MARTÍN	TODOVERTICAL	VTBM (12)	0:56:10	1:53:53	03:11:42	3:35:01	09:02
73	34	JOSÉ DE SOTTO ESTEBAN	PEAK TRAIL ACADEMY	VTBM (13)	0:54:50	1:52:59	03:12:06	3:35:49	09:04
74	142	DAVID VAZQUEZ CEBRIAN	TRAILXTREM TEAM	VTBM (14)	0:55:38	1:55:36	03:14:51	3:36:05	09:04
75	106	IÑIGO OLIVERA GOICOLEA		PROM (2)	0:51:33	1:47:18	03:08:50	3:36:15	09:05
76	88	JOSE MANUEL MARTIN RODRIG	CDE DENDRO C.T.	VTAM (29)	0:54:44	1:53:46	03:16:17	3:38:40	09:11
77	11	213 GABRIELA JIMÉNEZ CONDE	LAS CABRAS AZULES	PROF (2)	0:54:15	1:54:02	03:15:31	3:39:05	09:12
78	61	LUIS GÓMEZ BÉJAR	TIERRA TRAGAME		0:52:46	1:51:23	03:18:40	3:39:49	09:14
79	54	DAVID GARCIA-MIGUEL BERRIO	A.D. GRUPO DE MONTAÑA PEGA	VTAM (30)	0:58:58	2:02:21	03:20:13	3:39:51	09:14
80	8	RUBÉN AMÉZQUITA MORENO	CDE DENDRO C.T.	VTAM (31)	0:52:36	1:52:30	03:17:13	3:40:57	09:17
81	114	EDUARDO PLAZA PÉREZ			0:54:07	1:55:20	03:18:39	3:41:02	09:17

82	11	FRANCISCO ARRIETA YÁÑEZ		VTAM (32)	0:52:51	1:48:21	03:17:50	3:41:36	09:18
83	12	43 FÁTIMA ESPINOSA HERNANZ	TODOVERTICAL	VTAF (4)	0:57:19	1:59:16	03:19:28	3:41:39	09:18
84		133 DAVID SÁNCHEZ VAQUERO	ALAMEDA TRAIL TEAM	VTAM (33)	0:55:43	1:56:20	03:21:43	3:44:12	09:25
85		108 ANTONIO ORTEGA BERZAL	TODOVERTICAL		0:55:37	1:59:12	03:26:03	3:46:38	09:31
86		103 PAULO NAUMANN	MT3 MADRID TRAIL	VTAM (34)	1:00:22	2:03:34	03:24:28	3:47:54	09:34
87		135 JOSE LUIS SANTIAGO NAVARRO		VTAM (35)	1:00:34	2:03:37	03:25:13	3:48:41	09:36
88	13	33 INES DE LA CRUZ FERNANDEZ	AGOTEAM	VTAF (5)	1:01:10	2:04:34	03:26:39	3:48:47	09:36
89		90 ENRIQUE MARTÍNEZ CAÑO	AGOTEAM	VTAM (36)	1:01:05	2:04:30	03:26:39	3:48:47	09:36
90	14	29 CRISTINA CONDE DODERO	CDE DENDRO C.T.	VTAF (6)	0:59:14	2:04:06	03:29:14	3:49:10	09:37
91	15	123 ELENA RIVAS MEDINA	AGOTEAM	VTAF (7)	1:01:11	2:05:26	03:30:00	3:49:56	09:39
92		44 ALEJANDRO FERNANDEZ CALD	T-TRAIL T-CENTER	VTBM (15)	0:57:55	2:00:46	03:26:02	3:50:10	09:40
93		32 ARNULFO DE BARTOLOME	TODOVERTICAL	VTBM (16)	0:56:56	1:59:23	03:24:36	3:50:44	09:41
94	16	215 EVA LÓPEZ GARCÍA	LA PEDRIZA DEL MANZANARES	VTBF (1)	0:57:50	1:59:19	03:26:32	3:51:02	09:42
95		17 FRANCISCO BOTET CIBORRO	ALAMEDA TRAIL TEAM	VTAM (37)	0:58:43	2:01:22	03:28:38	3:51:58	09:44
96		120 CARLOS REQUENA TORRECILLA	CDE PERLAS TRIATLÓN	VTAM (38)	0:56:46	2:01:17	03:29:19	3:53:15	09:48
97		130 ALVARO SANABRIA	TIERRA TRAGAME	VTAM (39)	0:54:45	2:00:17	03:28:25	3:54:40	09:51
98		46 JOSÉ IGNACIO FERNÁNDEZ SOR	TIERRA TRAGAME	VTBM (17)	0:58:31	2:01:45	03:30:00	3:54:40	09:51
99		5 FRANCISCO JAVIER ALGORA LA	TIERRA TRAGAME	VTBM (18)	0:54:08	1:56:22	03:31:30	3:55:03	09:52
100	17	58 ESTER GEMIMA	GETAFE RUNNERS	VTAF (8)	1:02:34	2:07:42	03:30:59	3:56:12	09:55
101		136 JUAN CARLOS SANTOS SERRAN	TODOVERTICAL	VTBM (19)	0:51:21	1:53:32	03:21:35	3:56:49	09:57
102		68 MIGUEL GRACIA MARTÍNEZ-CAR			0:58:59	2:05:25	03:34:31	3:57:42	09:59
103		121 DAVID RESMELLA PULIDO	CDE DENDRO C.T.	VTBM (20)	0:58:24	2:01:22	03:31:16	3:58:51	10:02
104		97 DIEGO MONDÉJAR RUIZ	RSEA PEÑALARA	VTAM (40)	1:01:20	2:07:03	03:35:08	3:59:56	10:04
105		75 JESÚS MANUEL JIMÉNEZ ESTEB	TIERRA TRÁGAME		1:01:57	2:08:55	03:41:30	4:06:18	10:20
106	18	118 LEONOR REDONDO CACHINERO	RSEA PEÑALARA	VTAF (9)	1:06:38	2:09:10	03:42:38	4:08:45	10:27
107		31 ROBERTO DÁVILA GARCÍA	IRU MONTAIN	VTAM (41)	1:01:54	2:09:25	03:42:35	4:09:39	10:29
108		122 MAURO REY TADEO	RSEA PEÑALARA		1:04:02	2:08:00	03:47:14	4:12:32	10:36
109	19	37 NEREA DEL RÍO GUADALIX	CDE PERLAS TRIATLÓN		1:01:11	2:08:14	03:46:00	4:12:59	10:37
110		126 ALEJANDRO ROMERO MARTÍNE	CDE PERLAS TRIATLÓN		1:01:14	2:08:14	03:46:05	4:12:59	10:37
111	20	27 GLADYS AUDINA CASTILLO MOS	TIERRA TRAGAME	VTBF (2)	1:02:22	2:06:26	03:49:36	4:14:41	10:42
112		87 FRANCISCO JAVIER MARTIN RO	A.D. GRUPO DE MONTAÑA PEGA	VTBM (21)	1:00:12	2:07:35	03:46:09	4:15:16	10:43
113		115 ALEXANDRU CODIN POPESCU DI	RUNNER TRAINING CERO	VTAM (42)	0:57:26	2:01:14	03:47:27	4:17:04	10:48
114		124 ÁLVARO ROBLES MATEOS	RSEA PEÑALARA		1:01:51	2:10:47	03:46:33	4:17:14	10:48
115	21	47 ISABEL FERRO PICÓN	CDE DENDRO C.T.	VTAF (10)	1:05:19	2:11:34	03:51:39	4:18:06	10:50

116	22	119	LOREA REMEDIOS MORAL	CDE PERLAS TRIATLÓN	VTAF (11)	1:02:26	2:12:06	03:48:58	4:19:12	10:53
117		81	RAÚL LÓPEZ MOLINERO	GETAFE RUNNERS	VTAM (43)	0:58:17	2:08:09	03:51:54	4:22:33	11:01
118		71	JOSÉ LUIS GUTIÉRREZ PERALES		VTAM (44)	0:58:43	2:08:07	03:52:21	4:22:33	11:01
119		79	JAVIER LÓPEZ BERMEJO	RSEA PEÑALARA	VTAM (45)	1:02:46	2:07:13	03:53:05	4:22:53	11:02
120		141	ALBERTO VAQUERO RODRIGUE		VTAM (46)	1:05:24	2:07:41	03:54:02	4:22:54	11:02
121	23	6	EVA PATRICIA ALONSO PÉREZ	TIERRA TRAGAME	VTAF (12)	1:05:47	2:08:35	03:56:39	4:23:01	11:03
122	24	13	ANA AZPILICUETA IDARRETA		VTAF (13)	1:05:13	2:12:32	03:57:14	4:28:04	11:15
123		92	DIEGO MATAS MORILLA		VTBM (22)	1:02:10	2:13:08	03:57:57	4:28:04	11:15
124		101	ASIER MUÑOZ MENDIA	RSEA PEÑALARA	PROM (3)	1:11:17	2:14:20	04:03:51	4:30:53	11:22
125		30	VICTOR CORONADO GRACIA	GRUPO DE MONTAÑA CSIC		1:04:21	2:17:22	04:06:23	4:31:37	11:24
126	25	63	ALICIA GOMEZ NIETO	TIERRA TRAGAME	VTBF (3)	1:07:04	2:19:47	04:06:44	4:33:20	11:29
127		57	FLORIENT GAUTHIER	ALAMEDA TRAIL TEAM		1:05:51	2:26:26	04:15:04	4:43:38	11:55
128		14	MARCOS BANZO HERRERO	CLUB ALPINO MADRILEÑO	VTBM (23)	1:05:17	2:27:38	04:09:29	4:44:32	11:57
129	26	22	NAIARA CAMBAS	RUN SMILE REPEAT	VTAF (14)	1:13:39	2:28:51	04:16:03	4:46:30	12:02
130	27	26	BEATRIZ CASTELLANO JIMENEZ	RSEA PEÑALARA	VTAF (15)	1:07:40	2:30:39	04:21:15	4:49:03	12:08
131	28	95	ELENA MEDINA TÉLLEZ DE MEN		VTAF (16)	1:13:22	2:31:16	04:20:19	4:49:38	12:10
132		91	ANTONIO MARTINEZ RODRIGUEZ	TIERRA TRAGAME		1:09:39	2:31:52	04:19:46	4:50:04	12:11
133	29	96	RAQUEL MIRANDA	TIERRA TRAGAME	VTAF (17)	1:07:35	2:32:28	04:19:54	4:50:05	12:11
134	30	51	CARMEN GARCIA ROMERO		VTBF (4)	1:15:57	2:33:05	04:21:45	4:50:11	12:11
135		60	ROBERTO GIL YENES	A.D. GRUPO DE MONTAÑA PEGA	VTBM (24)	1:08:24	2:33:41	04:16:55	4:50:18	12:11
136		77	JESUS LAZARO LAZARO	TIERRA TRAGAME	VTBM (25)	1:07:36	2:36:06	04:22:49	4:54:00	12:21